



## South Asian Federation of Endocrine Societies (SAFES)

EXECUTIVE COMMITTEE, 2015-2017

Date: 02/10/2017

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It was a wonderful experience for us to work in executive committee (EC) of SAFES from 2015 to 2017. The responsibility was given during the 2<sup>nd</sup> SAFES summit in April 2015 in Dhaka. Now we are at the time to hand over the responsibility to the next EC, headed by Dr. Abbas Raza and Dr. Ali Jawa.

At this point we like to share the important events that happened during our tenure.

1. During this period SAFES spent most of its time in materializing the Dhaka Declaration. Now we have a document title: **SAFES-GDM: SAFES RECOMANDATIONS AND ACTION PLAN**. This experience will help us to formulate our important future actions. This outcome is the efforts made by the GDM Action plan committee and the Draft committee. The committees meet in Colombo in October 2015 and in August 2016 and also in Dhaka in February 2017. Appart from the committee we had to work together with many resource personals of the member countries and Endocrine Associations. Representative from Myanmar were also present in Dhaka in February 2017. I believe such activities are the real driving force to work with SAFES concept.
2. A Thyroid Action plan Formulation meeting was held in Dhaka in February 2017. This meeting and our experience of works on the Dhaka declaration will provide us the basis to have a Lahore Declaration on Thyroid disorder for SAFES under the leadership of the next EC of SAFES.
3. To us an important aspect of SAFES activity is to support and or work together with other bodies involved in raising awareness and to develop skilled manpower in health care in general and in endocrine health care in particular. One of our ongoing activities is to provide accreditation to courses / training programme run by nonprofit organizations. Under this scheme at present total 4 (four) courses are given accreditation by SAFES. (See table1 ).

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Dr. A H Zargar (India)

**Task Force: iLEAD**

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**Editorial Committee**

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Dr. Manash Baruah  
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Table 1.

Sl.no	Course	Run by	Validity
1	Certificate Course in Gestational Diabetes Mellitus (CCGDM)	Public Health Foundation of India (PHFI)	2017-2019
2	Certificate Course in Management of Thyroid Disorders (CCMTD)	Public Health Foundation of India (PHFI)	2018-2022
3	Certificate Course on Diabetology (CCD)	Distance Learning Program (DLP) of Diabetic Association of Bangladesh	2017-2021
4	Course on Preconception Care (PCC)	Preconception Care Program (PCP) of Diabetic Association of Bangladesh	2017-2021

### 4. Important publications:

1. Place of sulfonylureas in the management of type 2 diabetes mellitus in South Asia: A consensus statement. An initiative of South Asian Federation of Endocrine Societies (SAFES).
2. Safe and pragmatic use of SGLT2 inhibitors in type 2 diabetes mellitus: SAFES consensus statement.

### 5. Important meeting:

1. Exploratory meeting focusing GDM in Colombo on 01/10/2015 as pre-congress of ESSL Conference.
2. SAFES Summit on Diabetes and Pregnancy in Lucknow on 29/02/2016 as pre-congress of RSSDI Conference.
3. SAFES Meeting on GDM Action Plan Dissemination and Thyroid Action plan Formulation on 24/02/2017.
4. SAFES Conference on Diabetic Foot in Colombo on 27/07/2017 as pre-congress of Sri Lanka Endocrine Congress.

Thank you

Dr. Tofail Ahmed

Dr. Md. Faruque Pathan

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SAFES Secretariat: Room-1320, 13th floor  
BIRDEM, 122, Kazi Nazrul Islam Avenue, Dhaka

Website: www.2ndsafessummit2015.com  
Email: farlasafes@gmail.com