



PES - SAFES SUMMIT 2017

NOV 23 – 26, 2017

PC HOTEL, LAHORE, PAKISTAN

SCIENTIFIC PROGRAM (PRELIMINARY)

DAY 1

THURSDAY, NOV 23
DAY 1

Diabetes Certification Course in collaboration with Weill Cornell Medicine (Doha Campus) – Day 1 (15:00-18:15Hrs)

DAY 2

FRIDAY, NOV 24
DAY 2

Diabetes Certification Course in collaboration with Weill Cornell Medicine (Doha Campus) - Day 2 (09:00-17:10Hrs)

Time	Topic & Venue			
15:00 - 17:00	PRE-SUMMIT WORKSHOPS AND REGISTRATION			
	OSTEOPOROSIS	MEDICAL THERAPY (Carbs Counting / DAFNE)	NUTRITIONAL /	HOW TO APPROACH AN INFERTILE COUPLE
	RESEARCH METHODOLOGY AND MEDICAL WRITING			
	Dr. Tajwer Saber (PAK), Dr. Arshad Hussain (PAK), Dr. Binit Vaidya (NPL)	Ms. Moti Khan (PAK), Ms. Zubeda Amin (PAK)	Dr. Fawad Randhawa (PAK) Dr. Haroon Lateef Khan (PAK)	Mr. Massood Jawaid (PAK) Mr. Shaukat Ali Jawaid (PAK)
	TBD	TBD	TBD	TBD

FRIDAY, NOV 24
DAY 2

MAIN SUMMIT SCIENTIFIC PROGRAM (PRELIMINARY) FRIDAY – DAY 2

18:30 -
19:00

Registration

19:00 -
19:20

Welcome Remarks and Introduction: President, Pakistan Endocrine Society

19:20 -
19:40

Presidential speech: President, South Asian Federation of Endocrine Societies

19:40 -
20:10

SAFES: A REGIONAL OVERVIEW (5 mins each)

Prof. Dr. A.K. Azad Khan – Bangladesh

Dr. Sarita Bajaj – India

Dr. Noel Somasundaram – Sri Lanka

Dr. Dina Shrestha – Nepal

Dr. Ali Latheef - Maldives

PLENARY SESSION 1

METABESITY: STATE-OF-THE-ART SESSION

Chairpersons: Prof. Dr. Javed Akram (PAK) Prof. Dr. A.K. Azad Khan (BDH) Prof. Abdul Jabbar (UAE), Dr. Adrian H. Heald (UK)

20:10 -
20:40

Speaker: Prof. Dr. A.K. Azad Khan (BDH)

Topic: Role of Religious Leaders for prevention of NCDs particularly Diabetes

20:40 -
21:10

Speaker: Dr. Javed Raza (UAE)

Topic: An almost cure of Obesity : Surgeon's Perspective

21:10 -
21:40

Speaker: Dr. Tariq Rehman (UK)

Topic: Obesity (South Asian perspective) / Words of wisdom as a bariatric physician

21:40 -
22:10

Corporate Sponsored Satellite Symposium & Dinner Nova Nordisk

Speaker: TBD

Topic: TBD

21:10 -
22:00

Formal Inauguration of Pharmaceutical Exhibition followed by Dinner

**PES- SAFES SUMMIT 2017 SCIENTIFIC PROGRAM (PRELIMINARY)
SATURDAY - DAY 3**

DATE & DAY	Time	Topic & Venue		
SATURDAY, NOV 25 DAY 3	08:00 - 09:00	Corporate Sponsored (Breakfast) Satellite Symposium: Novartis Moderator: Dr. Amna Riaz, Speaker: Dr. Lyndon Marc Evans Topic: TBD		
	09:00 - 10:15	PLENARY SESSION 2 PITUITARY DISORDERS Chairpersons: Prof. Dr. Abdul Basit (PAK), Dr. Noel Somasundaram (SL), Prof. Dr. Khurshid Khan (PAK)		
	09:00 - 09:20	Speaker: Prof. Dr. Ali Imran (CAN) Topic: The Devil in the master gland : Updates on Acromegaly		
	09:20 - 09:25	Question and Answers		
	09:25 - 09:45	Speaker: Prof. Dr. Najmul Islam (PAK) Topic: Growth Hormone in Adults		
	09:45 - 09:50	Question and Answers		
	09:50 - 10:10	Speaker: Dr. Manilka Sumanatilleke (SL) Topic: Resistant Prolactinoma: How to manage?		
	10:10 - 10:15	Question and Answers		
	10:15 - 10:30	Tea Break and poster viewing		
	10:30 - 12:00	4 PARALLEL SESSIONS		
	PLENARY SESSION 3	PLENARY SESSION 4	PLENARY SESSION 5	PLENARY SESSION 6

SATURDAY, NOV
25
DAY 3

	ENDOCRINOLOGY OF CRITICAL ILLNESS CHAIRPERSONS Prof. Dr. Rauf Niazi (PAK), Dr. Arshad Hussain (PAK), Dr.Hamed Farooqi (UAE)	PEDIATRIC ENDOCRINOLOGY CHAIRPERSONS Prof. Taeed Butt (PAK), Prof Nadeem Khawar (PAK), Dr. Muhammad Ali (TBD)	NUCLEAR MEDICINE/THYROID CANCER CHAIRPERSONS Prof. Dr. Tasnim Ahsan (PAK), Dr. S. Abbas Raza (PAK), Dr. Khalid Nawaz (PAK)	FERTILITY/INFERTILITY CHAIRPERSONS Prof. Dr. Zaman Shaikh (PAK), Prof. Dr. Farrukh Zaman (PAK), Prof. Dr. Khaleeq ur Rehman (PAK)
10:30 - 10:50	Topic: Inpatient Management of DM Speaker: Dr. Safdar Naqvi (UAE)	Topic: Congenital Adrenal Hyperplasia Speaker: Dr. Robin Maskey (NPL)	Topic: How can Nuclear medicine help in Endocrinology? Speaker: Dr. Humayun Bashir (PAK)	Topic: Nightmare of an Endocrinologist: What to do & what not to do? Speaker: Dr. Uditha Bulugahapitiya (SL)
10:50 - 11:20	Topic: ICU/CCU DM Management Speaker: Dr. Ali Daud Kamal (UK)	Topic: Precocious Puberty Speaker: Prof. Dr. Jamal Raza (PAK)	Topic: Challenges and Management of Thyroid diseases with RAI 131 Therapy Speaker: Dr. Saadullah (PAK)	Topic: Fertility challenges in PCOS and possible solutions Speaker: Prof. Dr. Stephen L Atkin (UK)
11:20 - 11:50	Topic: Hormones interpretation and replacement in critical illness Speaker: Dr. Uditha Bulugahapitiya (SL)	Topic: Short stature. Difficult cases Speaker: Dr. Jaida Manzoor (PAK)	Topic: Thyroid cancer in the light of regional experience Speaker: Dr. Ali El Houni (UAE)	Topic: Azoospermia: What you need to know Speaker: Dr. Haroon Latif Khan (PAK)
Question & Answers In The Respective Session 10 Minutes				
12:00 - 12:50	PLENARY SESSION 7 PREVALENCE OF DM PAST, PRESENT AND FUTURE: HOW ARE WE DOING? (10 minutes each) Prof. Dr. A.K. Azad Khan (Bangladesh) , Dr. Sarita Bajaj (India), Dr. Dina Shrestha (Nepal), Prof. Dr. A. H. Aamir (Pakistan), Dr. Noel Somasundaram (Sri Lanka)			
12:50-13:15	Corporate Sponsored (Lunch) Satellite Symposium: TBD Speaker:TBD Topic: TBD			
13:15-14:30	Lunch and Prayers. Poster Viewing Session			

14:30- 16:00	PLENARY SESSION 8 THYROID CHAIRPERSONS Prof. Dr. Saeed A. Mahar (PAK), Dr Aisha Sheikh (PAK), TBD(PAK)	PLENARY SESSION 9 CALCIUM / BONE METABOLISM CHAIRPERSONS Dr. Najamul Islam (PAK), Dr. Khalid Mehmood (PAK), Dr. Binit Vaidya (NPL)	PLENARY SESSION 10 DYSLIPIDEMIA CHAIRPERSONS Dr. Tayyab Badshah (PAK), Prof. Dr. Bilal Zikriya (PAK), Dr. Kamran Babar (PAK)	PLENARY SESSION 11 MIXED BAG CHAIRPERSONS Dr. Qamar Masood (PAK), Prof. Dr. Muhammad Haroon Yusuf (PAK), Dr. Ali Latheef (MDV)
	Topic: Grave's Ophthalmopathy Do's and Don'ts: An update Speaker: Dr. Noel Somasundaram (SL) 14.30-14.55 hrs	Topic: Vitamin D - Beyond bones Speaker: Prof. Rayaz A. Malik (QTR) 14.30-14.55hrs	Topic: Statins and Dysglycemia Shall we are worried? Speaker: Dr. Hamed Farooqi (UAE) 14.30-14.55hrs	Topic: Sleep , Love and Diabetes Speaker: Dr. Asim Wazir (PAK) 14.30-14.55hrs
	Topic: Pregnancy and thyroid Speaker: Dr. Sarita Bajaj (IND) 14.55-15.20 hrs	Topic: Vascular & Coronary Artery Calcification: Clinical Relevance in Diabetes Speaker: Dr. Richard Donnelly (UK) 14.55-15.20	Topic: PCSK9- is there still a role of statins? Speaker: Dr Niaz Elahi (UAE) 14.55-15.20	Topic: NAFLD: Who should take care of this? Speaker: Dr. M. Salih (PAK) 14.55-15.20
	Topic: Why hypothyroid patients are never happy?: Role of T3 Speaker: Dr. Adrian Heald (UK) 15.20-15.45hrs	Topic: Inherited bone disorder : What an Endocrinologist needs to know Speaker: Dr. Salman Kirmani (PAK) 15.20-15.45hrs	Topic: Controversies in Lipid guidelines: Which guidelines to follow? Speaker: Prof. Dr. Khurshid Khan (PAK) 15.20-15.45hrs	Topic: TBD: Speaker: TBD (TBD) 15.20-15.45hrs
	Question & Answers in the Respective Session 10 Minutes			

16:00 - 16:30

TEA AND POSTER VIEWING

16:30 – 17:30

EXECUTIVE MEETING

PES-SAFES SUMMIT 2017 SCIENTIFIC PROGRAM (Preliminary)

Sunday – DAY 4

DATE & DAY	Time	Topic & Venue
	08:30-09:30	Corporate Sponsored (Breakfast) Satellite Symposium: Speaker: TBD

SUNDAY, NOV 26
DAY 4

	Topic: TBD
9:30 -10:10	<p>9.30-09:50 Topic: In the era of controversies, which GDM guidelines to follow? Speaker: Dr. Aisha Sheikh (PAK)</p> <p>09:50 - 10:10 Launch of SAFES Pregnancy Guidelines Dr. Fatema Jawad (Pakistan), Dr. Sarita Bajaj (India), Prof. Dr. A.K. Azad Khan (Bangladesh)</p>
	<p>PLENARY SESSION 12 ADRENALS CHAIRPERSONS: Dr. Naeem ul Haque (PAK), Dr. Rakesh Sahey (IND), Dr. Robin Maskey (NPL)</p>
10:10-10:30	<p>Topic: When to suspect adrenal cause of obesity Speaker: Dr Tufail Ijaz (USA)</p>
10:30-10:35	Question and Answers
10:35-10:55	<p>Topic: Subclinical adrenal insufficiency Speaker: Dr. Dipak Mall (NPL)</p>
10:55-11:00	Question and Answers
11:00-11.20	<p>Topic: Glucocorticoids induced adrenal suppression Speaker: Prof. Dr. S. Ali Imran (CAN)</p>
11:20-11:25	Question and Answers
ORAL FREE PAPER SESSION	
11:25-12:35	<p>5 papers (10 minutes each including Q & A) Dr. Akhtar Sherin (PAK), Dr. Osama Ishtiaq (PAK), Dr. Ibrar Ahmed (PAK) (3 out of 5 will be selected for Dr. Naeem Ul Haque Endocrine Research Award)</p>
Conclusion of the Conference and remarks by Scientific Chair followed by Hi-Tea	